

FIGHTING CHANCE



Coping with Cancer

Outreach

Around The Office

FIGHTING CHANCE
2017
Resource Directory for Cancer Patients on the East End of Long Island



Revamped Website & East End Library Tour

COMMUNITY OUTREACH IS EXPANDED To Celebrate Our 15th Anniversary Year

This page illustrates a guiding principle for our charity: namely, the importance of **Outreach**.

No matter how valuable a charity's free-of-charge services, the charity will not reach its full potential unless the community has an **awareness** of those services.

We work hard to create events that will increase community awareness of Fighting Chance and our role in helping patients navigate the Cancer Journey.

Sometimes our events raise no money at all - - like our tour of 12 East End libraries in early 2017, to introduce our improved resource directory and revamped website.

In other cases we may call it a "fundraiser" but the donation is modest and the event's main goal is to raise our profile in some of the more remote communities -- like Montauk and Shelter Island.

Empowering Patients with New Resource Directory

Ladies' Night Out



"Lobster Bash" for Caregivers at Duryea's/Montauk



Summer Gala at Maidstone Club

Float in Montauk's St. Pat's Parade



10th Annual Charity Golf Tourney



Swim for Cancer Families



"Wine Bus" Tour of North Fork Vineyards



Day Sail for Cancer Patients



Reception for Shelter Island Friends



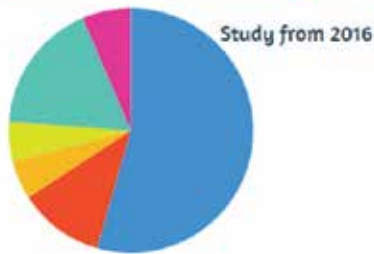
“CANCER FATIGUE” REMAINS PUZZLING FEATURE OF THE DISEASE It Plagues Almost All Patients During Therapy



Interference With Normal Life

Cancer fatigue -- also called “cancer-related fatigue” -- is the #1 complaint of cancer patients in terms of something that interferes with their efforts to lead the semblance of a normal life.

Symptoms that affect daily living the most for cancer patients



● Fatigue ● Pain ● Nausea ● All three ● None ● Unsure

Trying to Define “Cancer Fatigue”

At Fighting Chance, where we have provided counseling to thousands of cancer patients during the past 15 years, we often hear about a patient’s sense of exhaustion, which comes on suddenly, is not related to a burst of exercise or other exertion, and continues to grip the patient even after a good night’s sleep.

The Onset of Cancer Fatigue

Cancer fatigue remains puzzling even to oncologists because it is not, strictly speaking, just a “side effect” of one of the treatments for cancer.

Actually studies show that when patients are first diagnosed, about 40% already are complaining about cancer fatigue -- making the condition more akin to a symptom of the disease, just as rapid weight loss can be a symptom or tell-tale sign of cancer’s commencement.

The Condition is More Widespread Once Treatment Begins.

Once patients begin conventional treatments, like chemo therapy, studies show that over 80% complain about cancer fatigue; in other words fatigue becomes more widespread as efforts are made to put cancer into remission.

“Any aspect of cancer that interferes with daily living . . . and is not typically discussed between doctor and patient . . . is something that concerns Fighting Chance and can addressed in its counseling.”

Causes -- Multiple and Mysterious

When patients complain about cancer fatigue at Fighting Chance, our first job is simply to explain the condition, including the inability of scientists to agree on a single specific cause ... although some evidence points to inflammation as a causal factor.

There also is a body of scientific thought which attributes cancer fatigue to a virtual constellation of almost every adverse condition that accompanies a cancer diagnosis and its multiple treatments.



September 2017 . . .



“LOBSTER BASH” AT DURYEYEA’S

**Our Most Beloved Outreach Event
Celebrates Its 10th Anniversary**

The Tradition Continues . . .



2016

*Lobster Bash 2016 . . . some of the new operators
pose with Duncan Darow, Founder and Chairman
of Fighting Chance.*



The Lobster Bash

Sag Harbor
September 22, 2016

Dear David,

One of our charity’s most popular fund-raisers — and not too pricey at \$50 for a three-course lunch and wine — is the Lobster Bash. Traditionally, it was hosted by Perry (Chip) Duryea III at his restaurant in Montauk. Always at least 100 guests.

Last year, as you know, Perry sold his restaurant to Marc Rowan, but Marc has continued to run it under the Duryea name. A few months ago I spoke with Marc about continuing the Bash tradition, and he very generously agreed. So, come tomorrow, our fund-raiser tradition continues at Duryea’s, just “under new management.”

Warm regards,
DUNCAN DARROW
Founder and Chairman
Fighting Chance

End of an Era

2015



*Lobster Bash 2015 . . . The last year Perry Dur-
yea served as host, before transferring his facility
to a new owner . . . he is honored with a poster
by the celebrated artist Paul Davis*



2015



MEMBER



SAG HARBOR



\$75/Yr =20¢/day

**Affordable,
Meaningful &
Uniquely Beneficial**
... to you and
to your community



The Life Guard, Ken Robbins

Questions about cancer?
Use our secure, dedicated
Members Only email hot line:
members@fightingchance.org

Other Member Benefits
Hot Line: 631 725 4646
Wall of Honor (on our website)
Chairman's Bi-Annual
Special Report to Members
Chairman's Reception
for Members only

**Perfect Gift
for the
Holidays**

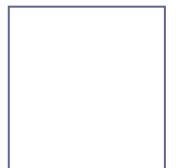
Wallet-sized Membership
Card comes in gift envelope
with iconic Ken Robbins pho-
to, "The Lifeguard" (6" X 8"

Memberships can be purchased on our
website (www.fightingchance.org) or by
calling our office (631.725.4646)

*Guaranteed to arrive by Dec 20
if purchased on or before Dec 13, 2017*

Return Address:

Fighting Chance
PO Box 1358
Sag Harbor, NY 11963



Mail to:

