
News
from

FIGHTING CHANCE

Counseling and Resource Center for Cancer Patients



Spring 2010



Nature can quietly transport us to wonderful places and make you feel calm. This is the same calmness that I have tried to express in my painting. My artistic creativity and painting help greatly in staying calm with my cancers through the pleasant diversions that they provide. Positive energy from art generates satisfaction, peace, and renewal, if you let it envelop you. But you have to stick with it ... the rewards are wonderful. These nutritious sources benefit me while I journey along life with my cancer.

Chandler Bigelow, *artist*
Sagaponack, New York

SAVE THE DATE Saturday, July 31st

2010 SUMMER GALA TO BENEFIT FIGHTING CHANCE
Cocktails, Dinner and Dancing

at

WÖLFFER ESTATE VINEYARD

Fighting Chance Medal of Honor presentation

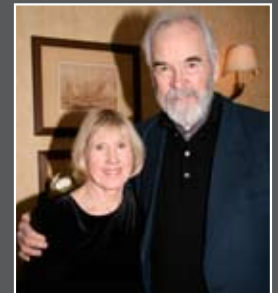


This year it was decided that two Medals of Honor would be presented to two outstanding individuals.

Both Tuck Hardie (left) and Lisa Matlin (right) so generously provided the resources to help Fighting Chance extend our services . . . *free of charge* . . . to anyone who comes through the office door.



Highlights from 2009 - Our 7th Anniversary Party



Among the guests at the dinner were: Duncan Darrow and Wendy Moonan, Lisa and David Matlin, Tuck Hardie and Linsay Huffner, Kevin and Barbara McLaughlin, Patient Navigator, Maxa Luppi, Ellen Hanson and Richard Perlman, Ben and Deb Gillikin, Dr. Martin and Julie Karpeh, Dr. Peter Bach and Ruth Mazzoni, Dr. William and Maria DiScipio, Rick and Sue Davies, Tony Brandt and Lorraine Dusky, Drs. Renu and Harris Hausen, Steve Byers and Heather Kilpatrick, and Margaret Bromberg

The New York *Premiere Screening* of An Extraordinary Documentary



6:30 PM
Screening of
Cancer Journeys on The East End
7:00 PM
COCKTAILS IN CORE CLUB LIBRARY

To Friends Old and New...

As the three co-hosts of the Core Club event, we welcome all of our friends to the screening of "Cancer Journeys," a 2009 production of public television of Long Island.

Every year, just over 1,000 East End residents are diagnosed with cancer. About 40% of them call Fighting Chance right away. They are swept up into a free-of-charge support system of professional counseling and cancer patient navigation. The only one of its kind on Long Island.

This evening, in a documentary of 30 minutes, you will learn more about Fighting Chance. You can see for yourself - in the film's stories of six patients who relied on Fighting Chance - just what this worthy charity does to strengthen the East End's healthcare system.

But before you consider a donation - - and we hope you will - - think back on the film for a moment and imagine something. Imagine you are in the shoes of one of the patients whose journeys you will follow.

And imagine you are walking their walk, along the unfamiliar pathway they negotiated on their way to survivorship. Then ask yourself: "If this was me would I want Fighting Chance by my side?"

Sincerely,

Lisa
Lisa Matlin

Ann
Ann Jackson

Barbara McLaughlin
Barbara McLaughlin



Lisa Matlin, Ann Jackson and Barbara McLaughlin hosted a screening at Manhattan's Core Club of "Cancer Journeys on the East End: The Patients of Fighting Chance" on January 14th in New York City.

Core Club
66 East 55th Street, NYC



The film's producer, director, and cinematographer, **Lily Henderson** and Fighting Chance Board and Staff members, Patient Navigator Maxa Luppi, Richard Perlman, Ben Gillikin were also in attendance.



Among the guests at the screening were: Duncan Darrow's wife, Wendy Moonan, David Matlin, Carla Magliocco, Kevin McLaughlin, Ken Wilson, Ann and John Acierno, Kris and Peter Schoels, Catherine Price, Greg Eng, Dr. Jane Galasso, Leslie and Peter Jones, Linda Munson and Grant Schneider, Judit Ungar, Dr. Jonine Bernstein, Nelsa and Jordan Ringel, Jim Johnson, Dr. Stuart and Valerie Mogul, and Dr. Martin Karpeh.

Volunteer Training



FIGHTING CHANCE VOLUNTEER GRADUATING CLASS 2009

Fighting Chance Volunteers: Jennifer Borg, Stacie Selfe, Marie Klarman, Cindy Formica, John Erman, Pauline Jenkins, Odalia Rodriguez, Dr. Hyman Rabinovitch, Joanne MacDowell, Suzi O'Connor, Nancy Petrie, Carolyn Hass, Denise Finnegan with Karrie Robinson. Not pictured: Doris and Christian Mittweg, Maureen McAdam Maryann Arindt and Corrine Cathcart.



What: Attend all four hours of this program and become qualified as a *trained* volunteer at Fighting Chance by learning the basic skills of "cancer patient navigation." Those skills include a "Biology 101" understanding of a cancer cell, how to evaluate the needs of a patient seeking support from Fighting Chance and how to help a patient develop coping strategies and find essential local resources.

Speakers include our professional staff of oncology social workers, navigators and cancer patient advocates.

Why: Because we believe that volunteers who are better educated about cancer provide more effective support for cancer patients and find the volunteer experience more rewarding.

Team Fighting Chance Runs the March 21st NYC Half Marathon

participants in the NYC Marathon:

FROM SIDLEY AUSTIN:
Annemarie Papazoglou
Hilel Pohulanik
Karen Lee
Michael Greenblatt
Gillian Lizars
Jamie Senior
Christian Trambly
Stephen Hemmerich
Steve Rutenbeg
Amelia McKeithen
Pierre Castillon
Barrett Allison
Robyn Polansky

FROM SECOND MARKET:
Tavis Moonan

INDIVIDUALLY:
Paul Lombardi
Stephane Maisonneuve

Some of our Runners



Counseling and Resource Center for Cancer Patients
serving the East End... free of charge



To Friends Old and New . . . Welcome to the landing page for "Team Fighting Chance." We hope you can join us as either a runner (we still have a few slots) or supporter at the NYC Half –Marathon – March 21st.

Runners have to make a good faith commitment to raise at least \$1,000 for Fighting Chance, and we'd like supporters to do likewise. **How Do I Join the Team?** Email Fighting Chance at maxasl@aol.com saying whether you want to be a "runner" or a "supporter," and she'll email back a simple registration form for you to complete and return. Still have questions? Call Max at the Fighting Chance offices (631-725-4646)

What's the Cause this Team is Supporting? Fighting Chance is a free-of-charge cancer counseling center that has served the Eastern End of Long Island since 2002 – and there really is no other non-profit like it. They provide professional counseling and other supportive care to about 400 newly-diagnosed cancer patients each year.

Can I Donate Now? Sure. Just go to www.fightingchance.org. Then hit the "Donate" icon, which takes you to a page where you can make a tax deductible e-donation, and get a receipt. In the comment box, please tell us who asked you to donate.

How Good a Runner Do You Need to Be?
Any recreational runner – or someone who trains for a few weeks – should be able to complete the race.

Who is Signed Up So Far?
We have 10 runners and 10 supporters so far; most of them work in the NYC office of Sidley Austin, a law firm with offices worldwide.



Caulfield



Scheininger



Tan



Greenblatt



Senior



Galvez



Belier



Lee



Brooks



You

Some of our Supporters



Fighting Chance Education and Hope 2010 Winter Lectures/Workshops

Becoming an informed patient or caregiver enables you to become more assertive and hopeful medical consumer. Our expert speakers offer programs are designed to give you “state of the art” knowledge, information and resources.

Understanding and Managing Your Legal Issues and Needs

A Workshop for People Treated For Cancer and Their Families

Speaker: Denise Snow, Esq.

The PLAN Project of Nassau/Suffolk Law Services is funded by the NYS Dept of Health Cancer Services Program to assist you with your concerns.

Such topics as the following will be discussed:

Health Insurance

Entitlements

COBRA

Health Care Proxies

Power of Attorney, Wills,

Permanency Planning, ADA, FMLA

SATURDAY, JANUARY 16, 2010; 10:00 AM – 12:30 PM

Riverhead Library, 330 Court Street, Riverhead, NY 11901

Coping With the Effects of Cancer Treatments

Cancer survivorship may be marked by side or after effects of powerful medical treatments.

Our speaker will discuss such topics as fatigue, chemobrain, flushing, neuropathy, lymphedema, sexual changes, etc.

Speaker: Steve Passik, Ph.D,

Memorial Sloan-Kettering Cancer Center

Saturday, April 17, 2010; 10:30 AM – 12:30 PM

Co-Sponsored with Southampton Hospital
and Leukemia & Lymphoma Society

Southampton Hospital Parish Hall, Louis Street & Herrick Road
Southampton, NY 11968

“It is far better to know the patient who has the disease than it is to know the disease which the patient has.”

- Hippocrates (460 BC - 377 BC)



Fighting Chance Educational Support Group

2010 Winter/Spring Schedule

Finding Meaning and Hope: Living with Cancer Through Time

Living with cancer as a chronic illness requires patience, stamina, hope and courage. Join us for discussion and support.

Facilitator: Margaret Bromberg, LCSW
1st Tuesday of the Month, 12:00 – 1:30 PM
Jan 5, Feb 2, Mar 2, Apr 6, May 4, Jun 1

Men and Cancer

Men may have particular concerns when they face a diagnosis and treatment for cancer. Join your peers for education and support in a safe and supportive setting.

Facilitator: **William DiScipio, Ph.D.**
3rd Monday of the Month, 3:00 – 4:30 PM
Jan 18, Feb 15, Mar 15, Apr 19,

Couples Coping with Cancer

The diagnosis and treatment of cancer may strain and compromise relationships and affect quality of life.

Facilitators: **William DiScipio, Ph.D**
& **Stacie Selfe, LMFC**

Support for Cancer Patients and Caregivers on the North Fork

Southold Presbyterian Church Manse, 53100 Rte. 25,
Facilitators: Vicky Cortese, LCSW; and Julia Graziano, RN
3rd Tuesday of the Month; 3:00 PM – 4:30 PM
Jan 19, Feb 16, Mar 16, Apr 20, May 18, Jun 15
Special Presentations by William DiScipio, Ph.D.
March 16th Family Strategies for Coping with Cancer
June 15th Follow Up on Family Coping Strategies

Hope, Health & Healing

This group will provide information and resource finding while taking a problem-solving approach to adjustment issues during and after cancer treatment.

Facilitators: **Karrie Zampini Robinson, LCSW & Carol Mason, Patient Volunteer**
3rd Tues. of the Month, 12:00 – 1:30 PM
Jan 19, Feb 16, Mar 16, Apr 20, May 18, Jun 15

Stress Management Strategies for Cancer Patients

Tools & Techniques for Achieving Calm Amidst Chaos
Facilitator: Linda Statum, Instructor
Saturdays 10:30 AM – 12:00 Noon:
January 23 Relaxation & Stress Reduction
January 30 Creative Visualization and
Self-Healing/Relaxation
February 6 Calming the Emotions
February 13 A Path for Hope and Healing